



# Planned Giving

Help us plan for the future  
by making a planned gift today.

For more information about cystic fibrosis,  
please contact your local CCFF chapter, or:



Canadian Cystic  
Fibrosis Foundation

2221 Yonge Street, Suite 601  
Toronto, Ontario M4S 2B4

416-485-9149 | 1-800-378-2233  
info@cysticfibrosis.ca

[www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)

In Quebec, you may contact the  
CCFF's provincial association:



Quebec Cystic  
Fibrosis Association

425 Viger Avenue West, Suite 510  
Montreal, Quebec H2Z 1X2

514-877-6161 | 1-800-363-7711  
Quebec City office: 1-877-653-2086  
info@aqfk.qc.ca

[www.aqfk.qc.ca](http://www.aqfk.qc.ca)

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## WHO ARE WE?

The Canadian Cystic Fibrosis Foundation (CCFF) is a global leader advancing cystic fibrosis (CF) research, treatment and advocacy initiatives for the needs of children and adults with CF coast to coast. With 50 volunteer chapters across Canada, the CCFF is the only non-governmental organization raising funds for cystic fibrosis in Canada, and is now among the top three funders of CF research in the world.

## OUR MISSION

The Foundation's mission is to help people with cystic fibrosis (CF). The Foundation:

- funds research towards the goal of a cure or control for cystic fibrosis
- supports high quality CF care
- promotes public awareness of cystic fibrosis, and
- raises and allocates funds for these purposes.

## OUR VISION

A world where cystic fibrosis is no longer a progressive, life-shortening disease.

## WHAT IS CYSTIC FIBROSIS?

Cystic fibrosis (CF) is the most common, fatal genetic disease affecting Canadian children and young adults. There is no cure.

Young lives are cut short by CF. Each week in Canada, two children are diagnosed with cystic fibrosis and someone dies from the disease. Children with cystic fibrosis struggle to have a normal childhood. They face challenges that other kids don't - like taking around 20 pills and spending two hours or more on treatment every day.

In 1960 most children with cystic fibrosis did not live long enough to attend kindergarten; today, half of all Canadians with cystic fibrosis are expected to live into their 40s and beyond.

## RESEARCH TODAY – CURE TOMORROW

Medical research is a long-term business. It can take many years for a researcher's findings to develop into a new therapy for people with cystic fibrosis. Every day, advances are made and every day we get a little closer to finding a cure or an effective control for CF.



Canadian Cystic  
Fibrosis Foundation

Breathing life into the future®

## WHAT IS PLANNED GIVING? Charitable Giving Through Estate or Financial Planning

Planned giving is a decision to make a charitable gift now, or sometime in the future. Planned gifts make it possible for you to make a meaningful contribution in support of the work of the CCFF.

With your planned gift, we know that the funds are in place for the future and we can continue to invest in CF research and care that will result in the development of new therapies tomorrow.

*“Our children are grown and independent, but there are children and young people who can benefit greatly from what we have to offer. The Foundation is known internationally for using donations wisely to fund the most promising CF research projects. I think that kind of integrity should be rewarded.”*

Bob Lidington,  
CCFF volunteer and supporter

## HOW DO I GIVE? It's Easy

Planned gifts are easy to arrange by simply calling the CCFF or sending us an email. We can assist you personally and confidentially to fulfill your personal wishes and goals.

## WHY A PLANNED GIFT? Planned Giving Makes Sense

Planned gifts produce attractive benefits such as significant tax savings, and control in managing your personal finances and estate planning needs. These gifts provide crucial funds for the CCFF now and in the future.

You have a wide range of options when you consider making a planned gift to the Canadian Cystic Fibrosis Foundation.

Through your planned gift to the CCFF, you bring hope, not only to young Canadians with CF, but to their families. What could be a greater return on your investment than knowing that your gift will help improve the quality of life of these children and young adults for generations to come?

## WHAT TO GIVE? There Are Several Options

Consider one of these simple forms of gifts to support the work of the Canadian Cystic Fibrosis Foundation and discuss them with your financial or legal advisor.

### Bequest

Leaving a bequest in your will is the most popular and easiest way to make a planned gift. Many donors feel that they can't afford to make a significant gift to the CCFF during their lifetime.

A bequest enables you to accomplish this in the future with little or no effect on your current finances, while significantly reducing the taxes payable by your estate.

Bequests are a vital source of support for the CCFF, representing a significant percentage of all gifts received from individuals annually.

### Life Insurance

A gift of a life insurance policy is a deferred gift, which means proceeds from a commitment now, is realized in the future.

Insurance gifts provide an effective way of making a larger contribution than you may have thought possible with big benefits.

Small annual payments can mean a substantial gift. A new or existing policy can be donated. You will need to complete a change of beneficiary form with your insurance company.

## Gifts of Registered Assets (RRSP, RRIF and TFSA)

You may also name the Canadian Cystic Fibrosis Foundation as a direct beneficiary of your Registered Retirement Savings Plan (RRSP), Registered Retirement Income Fund (RRIF) or Tax Free Savings Account (TFSA\*). Gifts of registered assets fall outside of your estate and therefore, not subject to probate.

\* Except for the province of Quebec

## Securities

Give a substantial gift today without directly affecting your pocketbook. Gifts of shares or publicly traded securities are exempt from capital gains tax when donated to the CCFF. Publicly traded securities include shares, bonds and mutual funds traded on a recognized stock exchange.

Donating securities is easy! The simplest way to make a gift of securities is to have them electronically transferred from your brokerage account to the CCFF's brokerage account. Your charitable tax receipt will reflect the full market value of your gift, similar to when you donate cash gifts.

## WANT TO LEARN MORE? Contact Us

If you'd like to learn more about these and other types of planned giving options, we would be happy to discuss them in confidence with you.

Please contact the planned giving department at 416-485-9149, 1-800-378-2233 (toll-free) or by e-mail at [info@cysticfibrosis.ca](mailto:info@cysticfibrosis.ca).

*The information provided in this brochure is general in nature. We advise you to speak with your legal or financial advisor when considering making a planned gift.*

**Thank you for your support!**

