

REGIONAL AWARDS - QUÉBEC REGION

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The purpose of the Volunteer Awards Program is to recognize and honour individuals whose volunteer contributions to Cystic Fibrosis Canada and its local chapters made a significant impact on the lives of individuals with cystic fibrosis. These volunteers have demonstrated leadership and initiative while advancing the mission and vision of Cystic Fibrosis Canada.

- Unless stated otherwise in the award criteria, multiple awards may be given at the discretion of the awards committee;
- In certain cases, the awards committee may feel that a nomination is more suited in another award category and they may move the nomination to the more suited award category. This will be at the discretion of the Awards Committee.

ELIGIBILITY:

All nominees must have:

- demonstrated excellence and made a significant contribution to the mission and strategic directions of Cystic Fibrosis Canada while maintaining a high level of commitment to Cystic Fibrosis Canada's values (Excellence, Caring, Accountability, and Teamwork);
- been a model and inspiration for other volunteers in their dedication to Cystic Fibrosis Canada's mission to End CF;
- advised, trained or coached others in such a way that motivates other volunteers to excel;
- demonstrated leadership and transparency in their volunteer contributions; and
- served the organization in a purely voluntary capacity.



The award recognizes an individual, couple or family who have demonstrated strong leadership to a chapter and who have made wide-reaching contributions worthy of commendation on a regional level.

Questions:

- 1. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 2. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 3. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 4. If you have any documents to support your nomination, please upload here

Grassroots Volunteer

This award acknowledges an individual, couple or a family who have made an indispensable and sustained contribution to a chapter at the grassroots (non-executive) level. This award recognizes those who can always be counted on to get the job done.

Questions:

- 1. How long has the nominee been involved with Cystic Fibrosis Canada?
- 2. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 3. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 4. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 5. If you have any documents to support your nomination, please upload here

CF Warrior

This award recognizes and individua, over the age of 19, with CF who has made worthy contributions to the CF community and CF Canada. The individual may or may not have held executive positions within the chapter but must have displayed exemplary activities with the CF community. Only one CF Warrior Award may be given out each year.



Questions:

- 1. Does this nominee have cystic fibrosis?
- 2. How long has the nominee been involved with Cystic Fibrosis Canada?
- 3. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 4. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 5. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 6. If you have any documents to support your nomination, please upload here

Future Leader

This award recognizes a youth (either with CF or not), 19 years of age or under, who has displayed leadership and demonstrated an exceptional and sustained commitment to the CF cause through a chapter.

Questions:

- 1. Is this nominee 19 years of age or under?
- 2. How long has the nominee been involved with Cystic Fibrosis Canada?
- 3. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 4. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 5. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 6. If you have any documents to support your nomination, please upload here

Outstanding Community Partner

This award is designated to acknowledge non-chapter members (individuals, couple or family) or external organizations that have made a significant ongoing contribution to CF Canada, through one of its chapters.

Questions:

1. Is this nominee a current chapter member?



- 2. How long has the nominee been involved with Cystic Fibrosis Canada?
- 3. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 4. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 5. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 6. If you have any documents to support your nomination, please upload here

Community Event Champion

This award recognizes an independent or third-party group that has initiated or championed a fundraising event in an innovative or unique way resulting in a significant financial contribution and, in the process, has developed a sustainable event.

Questions:

- 1. Is this nominee a current chapter member?
- 2. What is the name of the fundraising event that this nominee organizes?
- 3. How long has the nominee been involved with Cystic Fibrosis Canada?
- 4. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 5. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 6. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 7. If you have any documents to support your nomination, please upload here:

Volunteer Fundraising Champion

This award goes to a fundraising volunteer or group in the region that has contributed a significant amount of funds through their fundraising efforts that has greatly impacted their community.

Questions:

- 1. How long has the nominee been involved with Cystic Fibrosis Canada?
- 2. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)



- 3. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
- 4. What sets this nominee apart from others? Describe how they are a role model for others. Have they inspired others to engage in volunteerism, fundraising or advocacy efforts? What kind of approach do they bring to their work? What makes this nominee unique? Why should this nominee receive this particular award? Please give examples wherever possible.
- 5. If you have any documents to support your nomination, please upload here

Leadership in Advocacy

This award is offered to an individual or a group that has made a significant contribution to the fight against CF through their advocacy efforts.

Questions:

- 1. How long has the nominee been involved with Cystic Fibrosis Canada?
- 2. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 3. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
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- 5. If you have any documents to support your nomination, please upload here

Québec Region Chapter

This award is designated to recognize a chapter that has demonstrated either an overall excellence throughout the past year in the areas of fundraising, raising awareness, volunteer development and partner support, or a particular strength in any one of these categories. Only one Atlantic Chapter Award may be given out each year.

Questions:

- 1. Please describe the Chapter's contributions. Describe how the chapter demonstrated excellence in the areas of fundraising, raising awareness, volunteer development and/ or partner support. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 2. Describe the difference/ impact the Chapter has made. What changes have occurred as a result of the chapter's efforts in the areas of fundraising, raising awareness, volunteer development and/ or partner support? What is different in the community? How have their efforts impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible.



- **3.** What sets this Chapter apart from others? Describe how they are a role model for other chapters. How have they been inspirational? What kind of approach do they bring to their work? What makes this Chapter unique? Why should this Chapter receive this particular award? Please give examples wherever possible.
- **4.** If you have any documents to support your nomination, please upload here

Hall of Fame

Introduction into the "Hall of Fame" is the highest honour that a volunteer and/or collaborator can receive. This recognition highlights the inductee's dedication, commitment, perseverance and seniority with regard to raising awareness about CF, organizing fundraising events, managing administrative activities and/or several other fields. The candidate must have made a significant, remarkable impact. This distinction can also be awarded posthumously.

Eligibility

- Minimum contribution of 10 years
- Consistent history of committed, effective volunteer work
- Recipient of regional recognition

Questions:

- 1. How long has the nominee been involved with Cystic Fibrosis Canada?
- 2. Please describe the nominee's contributions. Describe how they demonstrated leadership qualities. What skills or talents did they contribute? Please give examples wherever possible. (Please write in point form where possible.)
- 3. Describe the difference/ impact the nominee has made. Who has been affected? How have they been affected? What changes have occurred? What is different in the community? How has their contribution impacted Cystic Fibrosis Canada and the mission? Please give examples wherever possible. (Please write in point form where possible.)
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- 5. If you have any documents to support your nomination, please upload here